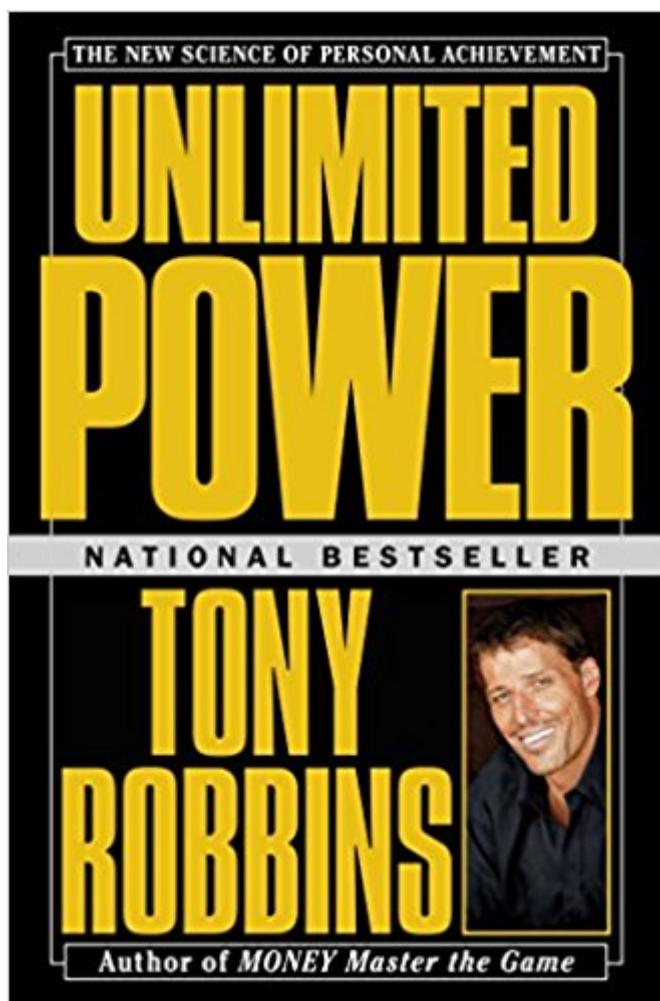


The book was found

# Unlimited Power : The New Science Of Personal Achievement



## **Synopsis**

Anthony Robbins calls it the new science of personal achievement. You'll call it the best thing that ever happened to you. If you have ever dreamed of a better life, Unlimited Power will show you how to achieve the extraordinary quality of life you desire and deserve, and how to master your personal and professional life. Anthony Robbins has proven to millions through his books, tapes, and seminars that by harnessing the power of the mind you can do, have, achieve, and create anything you want for your life. He has shown heads of state, royalty, Olympic and professional athletes, movie stars, and children how to achieve. With Unlimited Power, he passionately and eloquently reveals the science of personal achievement and teaches you:

- \* How to find out what you really want
- \* The Seven Lies of Success
- \* How to reprogram your mind in minutes to eliminate fears and phobias
- \* The secret of creating instant rapport with anyone you meet
- \* How to duplicate the success of others
- \* The Five Keys to Wealth and Happiness

Unlimited Power is a revolutionary fitness book for the mind. It will show you, step by step, how to perform at your peak while gaining emotional and financial freedom, attaining leadership and self-confidence, and winning the cooperation of others. It will give you the knowledge and the courage to remake yourself and your world. Unlimited Power is a guidebook to superior performance in an age of success.

## **Book Information**

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## **Customer Reviews**

This is a comprehensive and intelligent success achievement program for setting and following through with personal and professional goals by the California behaviorist who popularized the

method of "neurolinguistic programming" (NLP), or control of mind over body, culminating in his trainees' barefoot jaunt over hot coals. Essential to Robbins's "Ultimate Success Formula" are clarity of desired goals, energy, passion, persistence of action, effective communication skills and altruistic motives. His is a success prescription based on realistic and sophisticated ideology, best suited for those who have already "got what it takes" and simply have yet to make it happen.

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Robbins argues that by using a new technique called neurolinguistic programming (NLP) anyone can become successful at almost anything. NLP teaches us how to communicate success to ourselves. One of the best ways to do this is to model ourselves on people who are successful: Think, act, and speak like a success and you are on the way to being one. Despite much helpful material (even regarding nutrition), this book scarcely acknowledges the limitations that exist in people's lives. Of course, the whole thrust of NLP is to learn to focus on one's power and not on one's limits. But the text is too wordy it reads like a transcript of a series of talks and it also needs more structure and organization. Though it strives to be upbeat and encouraging, *Unlimited Power* still leaves mixed feelings. John Moryl, Yeshiva Univ. Lib., New York

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Anthony Robbins is the number 1 life strategist and personal coach on the planet. Period. Having seen a lot of his material and having attended his UPW seminar just strengthened my belief in him. This is his first book as far as I know and it lays the foundation and sets the blueprint of how to achieve what you want in the most efficient manner, A must read for everyone who wants to achieve more in their life!

I am reading this and "Awaken the Giant Within". I bring it with me to my work and read it on breaks in Holding. So, I'm slowly going through it. Love him and his message. Love his message of Raising Your Standards!!! This is great advice for me. Hopefully I will be implementing all of the tools that he has in this book. He's a very positive speaker and makes me at ease when I hear/read his stuff.

Wow Tony Robbins does it again. Amazing read about the power of the human mind. I feel like I developed telekinetic and psychic powers after reading this book. Greatly motivating and HIGHLY recommended.

Read it for the first time when I was 24 and it changed my life. I am now 43 and still reading it when I need to get back on my feet for any reason. I got separated 1 year ago and was very depressed for about 6 months. Finally got tired of feeling like a victim but I couldn't get myself to feel good. That summer I finally had time to start reading it and after only one week I was already pumped up and ready to start my new life. I've read the book on like on five different occasions in my life and it always helps. I have gone to two of his seminars and listened to his CD collection and I highly recommend all.

Tony Robbins is one of my Mentors. When I first found Tony and his works I was going nowhere fast but through his books and CD's and lots of hard work and passion I've done okay - Alright I've done GREAT. Not bragging, just the facts. Tony is the best of the best and someone I aspire to be. Thanks to books like "Unlimited Power" I started a business at 26 and retired at 52. Besides that I'm healthy, wealthy, happily married and now a published author myself ("Through My Eyes"). And I owe much of my success to Tony Robbins. If you want to succeed in life, in life not just in dollars, Tony's books are a great way to start. Go for it! You'll thank me later.

What a tremendous book, very inspirational. I recommend reading it through once while taking in the thoughts, ideas and technologies mentioned. The second time around, go through the book A LOT slower and fully engage in the exercises provided. First read should take no longer than 30 days, the second time, no less than 60 days.

Don't be put off by the title. Tony Robbins classic 'Unlimited Power' is a highly practical and easily accessible guide to the steps you need to take to overcome fear and make the best of your life. Each section - ranging from identifying goals, maintaining energy and commitment and realising that 'there is no such thing as failure' - can be read separately or together, providing the reader with a manual for success that makes sense in almost any situation.

Great book. It's pretty dense, and Tony bounces around sometimes, but definitely worth the read. The "self-help" category has a stigma, but this is a great book for everyone--increasing mindfulness and the control you have over your thoughts is such a huge ability, and this book makes that accessible.

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